

Includes a
**FREE hot lunch
& refreshments**
donated by HILS

OPALS

Older Persons
Activity Learning
and Safety

FREE EVENT

offering safety information,
help and advice for the older person



25th October 2024 • 10am-2pm

Bedwell Community Centre

Bedwell Crescent, Stevenage, SG1 1NA

Contact Terry Morris on **07740 670 642**
or email **terry.morris@hertfordshire.gov.uk**



HERTFORDSHIRE

CONSTABULARY

Prevention First

Attendees include: Hertfordshire Fire and Rescue, Hertfordshire Police, Hertfordshire Trading Standards, Neighbourhood Watch, Small Acts of Kindness Hertfordshire, Herts Independent Living Service (HILS), and many more helpful organisations.