



Live Longer Better with

# Over 50's Badminton!

Social badminton to help keep you moving

Starting 20th  
September

**When:** Fridays 10.30– 12.00

**Where:** Bedwell Community Centre  
Stevenage, SG1 1NA

**Cost:** £2 a session (including tea/coffee!)

**Contact:** Bob Green – [cbn@abcegg.co.uk](mailto:cbn@abcegg.co.uk) / 07952 932662